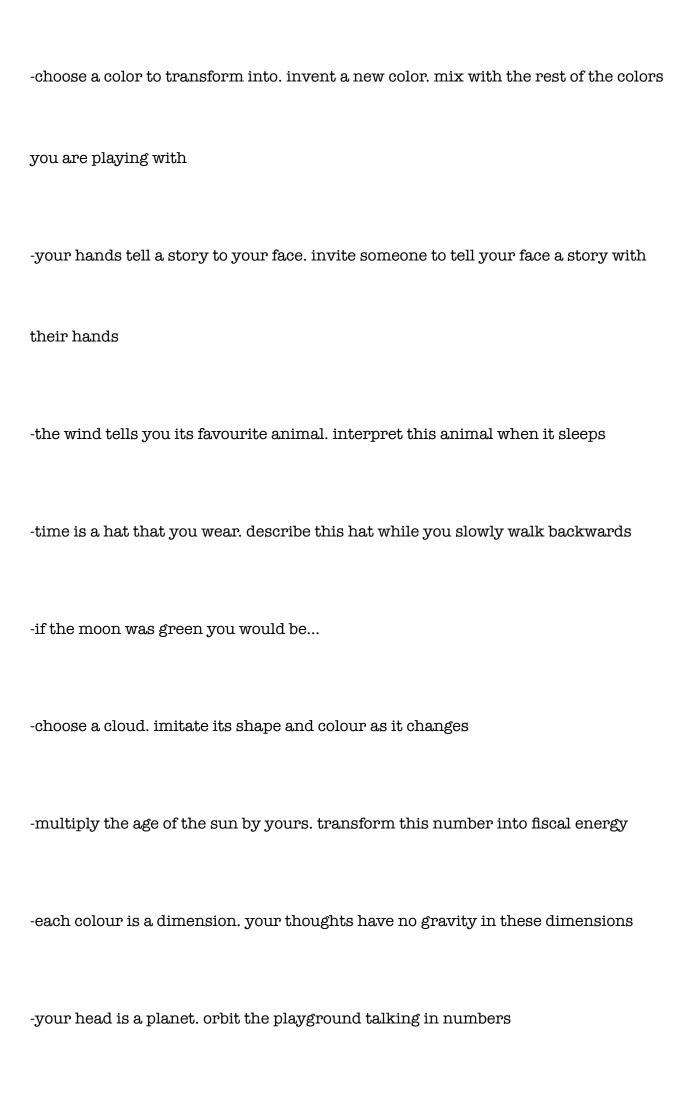


-you are a walking cloud. hug the sky until your become blue
-choose a colour that matches the colour of your spirit. jump from colour to colour
until you disappear
-invent a game with an invisible ball. explain this game to others. invite them to
play with you
-forget your name for the rest of the day. dance with an ant
-make a circle holding hands. talk with the heat of your hands
-write a poem with the shape of your body. have someone read this poem out loud
-sit down. close your eyes. your body disappears when you listen to birds. You
respond back in their language
-jump on one leg until you jump with no legs. float for 3 minute in the air



-your tongue is a painting. show your painting to the sun
-play an instrument with your mouth. swim in the sound others make
-you are melting cheese on another planet
-your nose is the past. your ears are a window. your eyes are your arms. your heart
-is your mouth. your legs are your hair. your teeth are doors
-you are a million year-old golden spider. make a web to catch an impossible thought
close one eye. become a silver snake that needs another snake to see in three
dimensions
-the wind is an animal. pet him
-make a human triangle and become a super scale nose. invite a flower to give a talk
-the sun is a bronze key. take this key and open an inner door

-your hands are so long they can touch the sun. bring the sun to earth
-take a light beam and use it like a wire to make a drawing that floats in the air
-there are no walls here. build a house. become a talking wall
-count backwards from one thousand to zero
-you are an atom floating in space that has landed on earth and needs to behave like
a human
-invent a language
-you are a mirror with legs. play a game mirrors would like to play
-walk like your feet are books. take the books back to the library
-triplicate yourself

