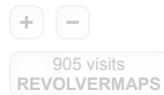


The OneSheet

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The OneSheet is a monthly publication showcasing a creative, maker, mover & shaker through a Q/A, Top 5 and a OneSheet of their design.



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[EDUARDO NAVARRO - SEPTEMBER 2017 /// VOL.2 NO.4](#)



“My name is Eduardo, I am an artist.” - Eduardo Navarro

Q/A

When did you begin making art?

When I was a baby according to my mom.

As an artist living and working in Argentina, can you describe the artist community?

Magical and intuitive, hard to put in words. Its do what ever you can.



Can you talk about some of the overall concepts & ideas you are working with?

Trying to abandon the body and abandon thoughts, that's my goal, even if that means no longer being an artist one day.

In 2015 you were invited to participate in the [New Museum Triennial : "Surround Audience"](#), you exhibited a piece titled [Timeless Alex](#), can you tell us about the experience of living and working in NYC during that project?

New York was a parenthesis in my life, a beautiful one. Something of that city made me want to become a turtle, to sleep and eat lettuce, to move like the shadows of buildings. to reach a timeless state.



One of your past projects is [Poema Volcanico](#), in which you collaborated with volcanologist and climbed into GuaGua Pichincha to create drawings on litmus paper. Can you talk about the journey into an active volcano and what you had to do to prepare?

The journey was like dying and starting a trip to a new world. Half [Jules Verne](#), half dream, very physical. I wanted to touch the volcano with my hands and hoped the volcano would touch me back-I see that volcano as a friend now, someone who changed me. I don't think about the art work to much now.



Many of your 2016 works involve performers carrying out actions with their bodies as part of the pieces, what kinds of preparation processes do you have the performers undertake? Is there a mindstate you want them to be in while working on your projects?

I work with dancers mainly. I want them to feel free to explore my proposal and not worry about what I need from them, this takes a while. If I control this exploration the works become rigid and I become rigid too... I need to lose control of the work and let a new energy take over.



Your most recent project titled [Hydrohexagrams \(For Tahuata\)](#) is being exhibited in [Austria](#) currently, can you talk

about what the piece is about and how it ties into your past works?

I asked a village in the Polynesia to ask a group question to the I Ching and used oceanic waves to throw the I Ching coins, like a way of losing control of the energy of the human hand. It was about chance and “what is this thing we call chance?”. I see chance as a way of breaking loose of your own destiny, if that is possible. This is why I invited the people from Hapatoni in Tahuata to use the ocean as an oracle, waves never repeat themselves. This is how I see it: The ocean creates life on earth, life made us be here and allowed us to question destiny with the use of divination methods, so we humans create the I-Ching. Technically the ocean and the I-Ching are the same, it’s like a mirror.



Which projects stand out for you as highlights as far as production and exhibiting?

I’m not sure, I try not to pay attention to the things I have done. I feel I will be able to go back to seeing them when I’m 90 years old, in the meantime I prefer to not pay much attention.



What is next for you? Any future projects or exhibitions to look forward to?

Mmmm, I have some ideas I want to explore, but mainly I want to feel free from the art world, I know this sound

stupid coming from an artist but it's ok. I am a bit saturated from the information waterfall. I will be in Basel teaching for 6 months, I really look forward to that.

TOP5

Edible-

- A lot of cheese...no drugs.

Audible-

- I love [Korn](#), I can't get over my high school crush for them.

Print-

- [Scientific American](#)

Location-

- Buenos Aires



Cinema-

- [Netflix](#), it's like movies on a plane.

People-

- My mom

Wildcard TOP5 Meditative/breathing exercises you enjoy

- Running and push ups

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To view all of Eduardo's work please visit his website at www.navarroeduardo.com

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